



# Sign up for important updates from Mr. Heseltine.

Get information for **Raymond Junior High School** right on your phone—not on handouts.

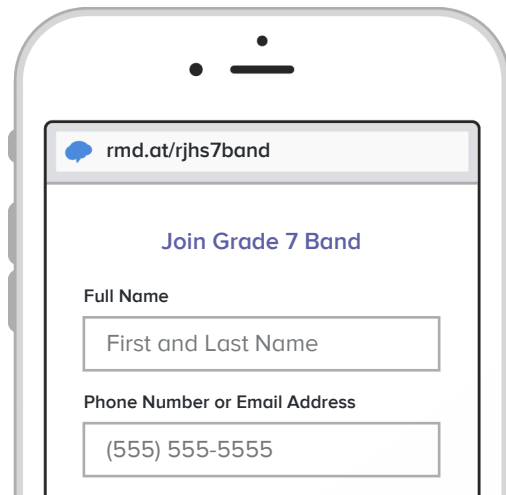
Pick a way to receive messages for **Grade 7 Band**:

**A** If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

[rmd.at/rjhs7band](http://rmd.at/rjhs7band)

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



**B** If you don't have a smartphone, get text notifications.

Text the message [@rjhs7band](https://www.remind.com/@rjhs7band) to the number **(902) 812-5564**.

*\* Standard text message rates apply.*



Don't have a mobile phone? Go to [rmd.at/rjhs7band](http://rmd.at/rjhs7band) on a desktop computer to sign up for email notifications.