



Box 1010  
Raymond, AB T0K 2S0

Website: [rjhs.westwind.ab.ca](http://rjhs.westwind.ab.ca)  
65W 100 Street N

Ph: 403-752-3348  
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Hello RJHS Families,

Below is information about the option courses offered at RJHS along with the accompanying fees. Please find the grade level, option class, and descriptions of the courses below. This will help you select the option classes you are interested in. REMEMBER: There is no guarantee you will get all of the option courses you want.

Once you have looked at the option courses available to your grade next year please return to the link in School Messenger and complete a selection form. It is important to rank ALL of the option courses for your grade in your preferred order on the registration form.

The fee that will be charged for each of the option courses will be in addition to the following fees in the 2021/22 school year:

- \$50 Westwind School Division student operation fee
- \$15 Student Union Fee
- \$15 Yearbook
- \$1.50 Divisional Insurance Fee

## Grade 7 Options Courses

Class	Description
Shop 7 \$25	Shop 7 includes two modules. The first is drafting, where the students will be introduced to basic drafting tools and skills. The second is woodworking, where students will work with the drill press, combination sander, and the band saw. Using these and some basic hand tools, students will build an oversized clothespin, a piggy bank, and a cub car.
Band 7 \$20 + \$100 instrument rental <b>if needed</b>	Learn to play a musical instrument in a large ensemble. Many adventures await!



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<b>Home Economics 7</b> \$15	Students will start by learning to hand stitch, then will be taught how to operate a sewing machine/iron. They will need 1m of fabric to sew an apron. In the second half of the semester, they will spend time learning about foods/nutrition and cooking in the kitchen (twice/week).
<b>Drama 7</b> \$5	Students will learn basic acting skills that will build up to performing a 15-20 min. play in front of the school. Students will need to be comfortable performing in front of small and large groups. No acting experience required.
<b>Art 7</b> \$5	Students will learn the seven basic art elements (line, shape, colour, form, texture, value and space) and have practice assignments and projects to go with each element.
<b>Computer 7</b> \$5	This course has been designed to focus on building computer skills and knowledge through the following topics and activities: <ol style="list-style-type: none"><li>1. Keyboarding "All the Right Type"</li><li>2. Technology, Internet Ethics, and Security</li><li>3. Applied Digital Skills Using Google</li><li>4. Small Business</li><li>5. Coding and Game Development</li></ol>

<p><b>Sports Performance and Wellness 7</b> \$10</p>	<p>This course is intended to provide learning opportunities for students with a passion for athletics as well as health and wellness. Students will work towards improving their performance and preparing for a lifelong healthy lifestyle. The modules we will cover will be:</p> <ul style="list-style-type: none"> <li>- Learning the basic functional movement patterns of locomotion</li> <li>- Nutrition and Wellness</li> <li>- Injuries and Recovery</li> <li>- Sports Psychology</li> <li>- Planning and Goal Setting</li> <li>- Coaching and Leadership</li> <li>- Yoga and Meditation</li> <li>- Circuit Training</li> </ul>
<p><b>Outdoor Ed - Hunter Certification 7</b> \$40 (This fee includes the cost of materials and course registration for the Alberta Hunter Certification Program)</p>	<p>This course is designed to provide students with in class and outdoor experiences. Students taking this course will have the opportunity to learn outdoor skills that will help them learn the following:</p> <ol style="list-style-type: none"> <li>1. Land Management</li> <li>2. Conservation</li> <li>3. Wildlife Identification and awareness</li> <li>4. Elements of First aid (Completing a first aid kit)</li> <li>5. Outdoor Cooking</li> <li>6. Water and shoreline exploration</li> <li>7. Knot Tying</li> <li>8. Tin Foil dinners</li> <li>9. Making Wax stoves</li> <li>10. Survival kits</li> <li>11. Firearms instruction</li> <li>12. Big Game field dressing techniques (videos)</li> <li>13. Hunting ethics</li> <li>14. Outdoor Equipment</li> <li>15. Firearms Safety</li> <li>16. Archery</li> </ol> <p>Students will also have the option of writing their Hunter's education exam and receiving their certification. This is usually a cost of \$95.</p>



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<p><b>Film Studies 7</b> \$5</p>	<p>If you love different types of movies and would like to explore the elements used by filmmakers to capture our imaginations, then FILM STUDIES 7 may be an option for you! Students will watch and analyze several films chosen by the teacher. They will have the opportunity to explore elements of film used by filmmakers to capture the audience.</p> <p>We will also explore 'based on a true story' films and discover what was real, and what is added for dramatic effect.</p> <p>Using your knowledge of the craft, you will be asked to produce your own short film as your final project.</p>
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## Grade 8 Options Courses

Class	Description
<p><b>Shop 8</b> \$30</p>	<p>Shop 8 includes two modules. The first is leather work, where students will be introduced to tooling leather and will complete two projects: a fly swatter and a book mark. The second option is wood working. In this module, they are introduced to the wood lathe and the router, and in combination with the tools learned in shop 7, will make a wooden stool and turn a wooden pen on the lathe.</p>
<p><b>Band 8</b> \$20 +\$100 instrument rental <b>if needed</b></p>	<p>Second year band. Newcomers are welcome, we can catch you up fast.</p>



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<p>Home Economics 8 \$15</p>	<p>Students will sew for the first 9-10 weeks to complete 3 sewing projects (pillowcase or lunchbox, bag and pj pants or shorts). They will be asked to provide their own material for these projects (Approx 3-5m of fabric). The next 9-10 weeks will be spent on foods/nutrition. Cooking or baking will be twice/week.</p>
<p>Drama 8 \$5</p>	<p>Students will learn basic acting skills, engage in technical theater designs, analyze play productions, and more. Students will need to be comfortable performing in front of small and large groups. A good attitude and a willingness to get out of your comfort zone is required.</p>
<p>Outdoor Education 8 \$20 **Extra fees for outings</p>	<p>Students will be participating in outdoor activities like biking, hiking, building fires, cooking outside, snowshoeing, fishing, ice safety and ice fishing and building snow shelters. If you like being outside, participating and bringing materials to class this is a good class for you!</p>
<p>Art 8 \$10</p>	<p>Students will learn basic drawing skills using a variety of materials and techniques. Some experimentation with paints and other materials may take place as well.</p>
<p>Computer 8 \$5</p>	<p>This course has been designed to focus on building computer skills and knowledge through the following topics and activities:</p> <ol style="list-style-type: none"> <li>1. Keyboarding "All the Right Type"</li> <li>2. Technology, Internet Ethics, and Security</li> <li>3. Applied Digital Skills Using Google</li> <li>4. Small Business</li> <li>5. Coding and Game Development</li> </ol>



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<p>Digital Design 8 \$15</p>	<p>In this course students will engage in discovery learning in the area of digital design. Projects will include website design, logo design and manufacturing, font creation, digital poster design, Green Screen photography/videography, photoshop digital manipulation and an array of other digital tool use. Creating within Minecraft EDU will also be a component of the course.</p>
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## Grade 9 Option Courses

Class	Description
<p>Shop 9 \$15</p>	<p>Students will be learning to use the planer, table-saw, and sliding compound mitre saw. They will then plan and build a core project using these and other tools used in grades 7&amp;8. Grades 7&amp;8 shop is not a requirement for Shop 9. Students purchase their own material for the project they build, this is in addition to the \$15 course fee. Additional CTF modules may be added as time and student interest allow.</p>
<p>Band 9: Taught early morning twice/week \$20 + \$100 instrument rental <b>if needed</b></p>	<p>Intermediate High School Band offers a unique opportunity to learn more challenging and rewarding music in a larger multi-grade ensemble.</p>
<p>Home Economics 9 \$15</p>	<p>Students will begin with sewing (9-10 weeks) completing 3 projects. They will need their own fabric (1.5m) and a 16" pillow form for a quilted pillow, For the second project they'll require a 13" zipper (or \$1) for a large pencil case. The 3rd project is the student's choice (Material/supplies required will vary). The second half of the semester will be studying foods/nutrition and cooking/baking twice per week.</p>



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<p><b>Drama 9</b> \$10 Auditions are held for this course. Semester 2 only.</p>	<p>This course is not just during school hours. It will be at noons and after school which takes lots of extra commitment. It is dependent upon school attendance and an audition to be accepted into the program. We perform a musical production in May at the town theatre. Once you are in the class, auditions for individual roles will take place.</p>
<p><b>Art 9</b> \$10</p>	<p>Involves the basics of drawing and form in art. Beginners welcome! Some courses may include a painting project and a Ukrainian Easter egg decorating project.</p>
<p><b>Spanish 9</b> \$10</p>	<p>Introduction to the Spanish language. We explore the structures of the language and place emphasis on learning to communicate basic ideas verbally and through text. Technology tools are introduced and used to enhance learning and to develop a platform for future learning.</p>
<p><b>Sports Enrichment 9</b> \$20</p>	<p>Emphasis is placed on discovering ways of living healthy lives by participating in a variety of different athletic pursuits. Study of various sports with their impact on you personally, or on society as a whole is explored.</p>
<p><b>Outdoor Education 9</b> \$20 **Could be extra fees for outings</p>	<p>Students will be participating in outdoor activities like biking, hiking, building fires, cooking outside, snowshoeing, fishing, hunting, and building snow shelters. Students get a few more activities and adventures in Gr. 9.</p>
<p><b>World Religions: Taught by LDS Seminary Instructors</b></p>	<p>World religions course based on LDS seminary curriculum. Taught off campus during regular school hours.</p>



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<p><b>Multimedia Arts 9</b> \$5</p>	<p>Engaging students in multimedia arts learning opportunities. Students will discover and develop their electronic and computer skills in practical and purposeful ways.</p>
<p><b>Musical Theatre 9</b> \$10 *auditions held *First semester only</p>	<p>If you like singing and enjoy acting then this is the course for you. We will be performing multiple scenes and songs throughout the year chosen by the teacher. This class may also have the opportunity to perform in some musical festivals this year. Throughout the course you will have the opportunity to practice singing, acting, and dancing skills in a variety of musical numbers. *This course might even lead into our Drama 9 play in the spring semester.</p>