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Dear Parents/Guardians:

Beginning Tuesday April 4, 2023 RJHS will begin teaching Human Development and Sexuality as part of the Alberta Program of Studies Curriculum for grades 7-9 in our school. A copy of the complete curriculum can be found on the Alberta Education website.

This year's human sexuality instruction will consist of the following:

Dr. Greg Smith will speak to students in a general assembly on April 4 at 1:00pm. Grade 7 students will be dismissed once their applicable outcomes have been covered. Grade 8-9 students will then cover additional outcomes with Dr. Smith.

Students will also be divided by grade and gender for additional instruction. They will be taught by Mr. Tyler Francis and Mrs. Kelsey Anderson during this time.

Parents/Guardians can exempt their child from this instruction.

Please sign and return this page if you do not want your child to participate. If you have any questions, please contact the school (752-3348).

Parental Waiver

I **DO NOT** want my student _____ to participate in the Human Development and Sexuality portion of the Health curriculum.

Signed: _____ Print Name: _____

Date: _____

Please Note: Your student **will** receive this instruction **unless** this page is returned to the school signed by his/her parent or guardian. Students who are opted out of these classes will be required to do an alternate health assignment.

Overview of Alberta Health and Life Skills Curriculum – Human Sexuality

Grade 7 Specific Outcomes

Personal Health

Students will:

1. Examine the human reproductive process, and recognize misunderstandings associated with sexual development.

Safety and Responsibility

Students will:

1. Identify the effects of social influences on sexuality and gender roles and equity.
2. Examine the influences on personal decision making for responsible sexual behavior.
3. Examine abstinence and decisions to postpone sexual activity as healthy choices.

Grade 8 Specific Outcomes

Personal Health

Students will:

1. Recognize and accept that individuals experience different rates of physical, emotional, sexual and social development.

Safety and Responsibility

Students will:

1. Determine the signs, methods and consequences of various types of abuse: e.g. physical, emotional, sexual abuse.
2. Identify and describe the responsibilities and consequences associated with involvement in a sexual relationship.
3. Describe symptoms, effects, treatments and prevention for common sexually transmitted diseases.
4. Identify and describe basic types of contraceptives.

Grade 9 Specific Outcomes

Personal Health

Students will:

1. Apply coping strategies when experiencing different rates of physical, emotional, sexual and social development; i.e., positive self-talk

Safety and Responsibility

Students will:

1. Evaluate implications and consequences of sexual assault on a victim and those associated with that victim
 2. Determine “safer” sex practices; e.g., communicate with partner, maintain abstinence, limit partners, access/use condoms/contraceptives properly
 3. Identify and describe the responsibilities and resources associated with pregnancy and parenting
 4. Develop strategies that address factors to prevent or reduce sexual risk; eg., abstain from drugs and alcohol, date in groups, use assertive behaviour
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