

*Website:* rjhs.westwind.ab.ca 65W 100 Street N Ph: 403-752-3348 Fax: 403-752-3405

Hello RJHS Families,

We are sending information about the option courses offered at RJHS for students going into grades 8 & 9 in the 2025/26 school year. (Students going into grade 7 completed this earlier) Please find the grade level, option classes with descriptions, and fees below. This will help your child select option classes they are interested in.

REMEMBER: There is no guarantee your child will get all of the option courses they want. This is due to limited space and scheduling conflicts with other option courses. If you do not complete the attached option request form, your child's option courses will be assigned by the office.

Once you have looked at the option courses available next year, please return to the link in the email and complete a selection form. It is really important that you rank ALL option courses for your student's grade on the registration form. We suggest using a computer to complete the form rather than a phone; this allows you to see all menu items without needing to scroll left to right.

The fee that will be charged for each of the option courses will be in addition to the following fees in the 2025/26 school year:

- \$50 Westwind School Division student operation fee
- \$15 Student Union Fee
- \$15 Yearbook
- \$1.50 Divisional Insurance Fee

## **Grade 8 Options Courses**

Class	Description
Shop 8 \$30	Shop 8 includes two modules. The first is leather work, where students will be introduced to tooling leather and complete two projects: a fly swatter and a bookmark. The second section is woodworking. In this module, they are introduced to the wood lathe and the router, and in combination with the tools learned in Shop 7, they will make a wooden stool and turn a wooden pen on the lathe. Grade 7 shop would certainly be an asset, but it is not mandatory to take shop 8, but some catch-up work will need to be done.



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Band 8 \$20 +\$100 instrument rental <b>if needed</b>	Second-year band. Newcomers are welcome; we can catch you up fast.
Home Economics 8 \$25	Students will sew for the first 9-10 weeks completing 3 sewing projects (pillowcase or lunchbox, bag and pyjama pants or shorts). They will be asked to provide their own material for their sewing projects (Approx. 3-5m of fabric depending on which projects are chosen). Students are asked to provide their own fabric. The second 9-10 weeks will be spent on foods/nutrition. Cooking or baking will be done twice/a week. Ingredients are provided for this.
Drama 8 \$10	Students will learn basic acting skills, participate in various improvisation activities, analyze play productions, and more. Students MUST be comfortable performing in front of small and large groups. This performance-based class is designed to prepare you for Drama 9 and other performing arts you may participate in. A good attitude and a willingness to leave your comfort zone are required.
Outdoor Education 8 \$20 **Extra fees for outings may occur	Students will participate in outdoor activities like biking, hiking, building fires, cooking outside, snowshoeing, fishing, ice safety, ice fishing and building snow shelters. There will also be a service component to the class. If you like being outside, participating, and are good at bringing materials to class, this is a good class for you!
Art 8 \$10	Students will learn basic drawing skills using a variety of materials and techniques. Some experimentation with paints and other materials may take place as well. You do not need to be an artist, but you do need a good attitude and a willingness to put in your best effort on every project.



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Computer 8 \$5	<ul> <li>This course has been designed to focus on building computer skills and knowledge through the following topics and activities: <ol> <li>Keyboarding "All the Right Type"</li> <li>Technology, Internet Ethics, and Security</li> <li>Applied Digital Skills Using Google (Career planning, Resume writing, analytics)</li> <li>Small Business</li> <li>Coding, Game Development and Drones</li> </ol> </li> <li>Students will need a pair of headphones or earbuds for the class.</li> </ul>
Sports Performance and Wellness 8 \$20	This course is intended for students who have a passion for athletics/exercising as well as health and wellness. Students will work towards improving their performance as athletes and learn healthy life habits. Students will participate in a number of activities/athletic programs that will improve their social and physical skills.
Digital Design 8 \$20	In this course, students will engage in discovery learning in the area of online digital design. Projects will include website design, vinyl logo design and manufacturing, 3d design and printing, and some other digital tools. AI will also be a tool used to assist in completing some of the projects. This is <u>not</u> an online games class.

## **Grade 9 Option Courses**



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Class	Description
Shop 9 \$15	Students will learn to use the planer, table saw, and sliding compound mitre saw. They will then plan and build a core project using these and other tools used in grades 7 & 8. For safety reasons and with the nature of the projects in shop 9, <b>you must have completed shop 8 as a prerequisite</b> . The students will then complete a small wooden project of their choice. They provide the plan and purchase the material for this project in addition to the \$15 course fee. Additional CTF modules may be added as time and student interest allow.
Band 9: Taught early morning twice/week \$20 + \$100 instrument rental <b>if needed</b>	Intermediate High School Band offers a unique opportunity to learn more challenging and rewarding music in a larger multi-grade ensemble. Students are also welcome to audition for the Wind Orchestra, which rehearses on opposite days of the week to the High School Band.
Home Economics 9 \$25	Students will begin with sewing (9-10 weeks), completing 3 projects. They will need to provide their own fabric (1.5m) and a 16" pillow form for a quilted pillow; for the second project, a choice between pencil case or pot holders. The 3rd project is the student's choice (materials/supplies needed vary). The second half of the semester will be spent studying foods/nutrition and cooking/baking twice weekly. Ingredients for foods are supplied.
Drama 9 \$15 *Auditions are held for this course. Semester 2 only. ** This is dependent on a teacher being available to	This course is not just during school hours. It will be during noon and after school, which takes up a lot of extra commitment. It depends on school attendance and an audition to be accepted into the program. We perform a musical production in May at the town theatre. Once you are in the class, auditions for individual roles will take place.



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offer the course.	
Art 9 \$10	Involves the basics of drawing and form in art. Beginners welcome!
Sports Performance and Wellness 9 \$20 *Could be extra fees for outings	Emphasis is placed on discovering ways of living healthy lives by participating in a variety of different athletic pursuits. This course requires students to be active participants in all activities. A large portion of this class is dedicated to the weightroom. Students will learn proper etiquette, styles of lifts, as well the basics for creating a workout program. Students will learn how to push themselves mentally and physically to achieve higher levels of success in a variety of athletic pursuits.
Outdoor Education 9 \$20 *Could be extra fees for outings	Students will participate in outdoor activities like biking, hiking, building fires, cooking outside, snowshoeing, fishing, hunting, and building snow shelters. There will also be a service component to the class. Students need to be ready to bring items to class, participate and be willing to go outside most days. Students get a few more activities and adventures in Gr. 9 Outdoor Ed.
World Religions: Taught by LDS Seminary Instructors	World religions course based on The Church of Jesus Christ of Latter-day Saints seminary curriculum. Taught off campus during regular school hours to interested Grade 9 students.
Multimedia Arts 9 \$5	Engaging students in multimedia arts learning opportunities. Students will discover and develop their electronic and computer skills in practical and purposeful ways. Photography, stop motion, creating podcasts and short commercials are some examples of how multimedia can be



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explored to produce effective communication.	
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